



## **Delegate Rate Lunch Menu Spring/Summer 2018**

### **Monday & Wednesday**

#### **Sandwiches**

Pastrami, gherkin, mustard mayo ciabatta  
Sweet chilli chicken, iceberg lettuce wrap  
Roasted pesto veg & hummus bagel

#### **Salad Toppers**

Smoked beef brisket  
Asian salmon fillet, soy, ginger, sesame  
Tandoori marinated Halloumi

#### **Salads**

Asian salad - Chinese cabbage, carrot, pepper, mange tout, bean sprouts  
Baby potato & corn salad, ranch dressing  
Roasted vegetables, crispy garlic croutons

#### **Sweet treats**

Lime & mint posset pots  
Fresh pineapple & melon skewers

### **Tuesday & Friday**

#### **Sandwiches**

Cajun chicken, mustard mayo, crunchy leaf ciabatta  
Tomato, avocado, cream cheese bagel  
Tuna & spring onion, lemon crème fraiche wrap

#### **Salad Toppers**

Chargrilled pesto chicken breast  
Moroccan pulled lamb  
Spiced chickpea & carrot falafel

#### **Salads**

Tender stem broccoli, mange tout, green beans, pickled shallot, toasted almond  
Spiced cous cous, chickpea, dried fruits, fresh herbs  
Summer slaw, white cabbage, carrot, red onion, fennel, light vinaigrette dressing

#### **Sweet treats**

Summer fruit tarts, crème pat, kiwi, strawberry, mixed berries  
Fresh Pineapple & melon skewers



### **Thursday & Saturday**

#### **Sandwiches**

BLT, avocado, cream cheese ciabatta  
Coronation chicken, iceberg lettuce wrap  
Brie, roquette, grain mustard bagel

#### **Salad Toppers**

Garlic & lemon chicken breast  
Chargrilled tuna steak, lime & chilli  
Courgette & golden cross goats cheese tart

#### **Salads**

Potato, pear, chive salad, crème fraiche  
Classic nicoise with roquette  
Mixed Spring leaf

#### **Sweet Treats**

Profiteroles – trio of dipping sauces chocolate, toffee, coffee  
Fresh melon and pineapple skewers

### **Through the day Refreshments**

#### **Arrival – Breakfast refreshments**

Greek yoghurt, summer berry compote, granola  
Smoked salmon, cream cheese, avocado muffin  
Summer fruit smoothie  
Bacon/egg/sausage rolls

#### **Mid-morning Snacks**

Home baked cookies  
Dried fruit & nut snack pots  
Assorted popcorn  
Sliced, unpeeled melon and pineapple – lime and mint sugar

#### **Mid-morning Snacks**

Homemade flapjack  
Peanut & cranberry protein balls  
Selection of muffins – blueberry, chocolate, double chocolate  
Peanut butter brownie  
Homemade banana bread  
Home baked cookies

*We understand that food allergies can present a serious concern for some of our clients.  
If you would like information on the allergen content of our foods, we are happy to  
provide this in more detail on request.*